

Destiny High School

MCFI

9-12 Hot Lunch Menu



August 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>MILK FOR SCHOOL: SKIM WHITE LOW FAT WHITE SKIM CHOCOLATE</p> <p>MENU SUBJECT TO CHANGE</p>		<p>1</p> <p>Shredded Turkey Nachos with Cheese, Shredded Lettuce and Whole Grain Tortilla Chips Taco Sauce Fiesta Beans Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>	<p>2</p> <p>Grilled Chicken Romaine Salad with Ranch Dressing and Whole Grain Breadstick Or Kid's Classic Whole Grain Chicken Nuggets with BBQ Sauce and Romaine Salad with Ranch (2) Assorted Graham Cracker Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>	<p>3</p> <p>Build Your Own Sub Turkey, Cheese, Lettuce on a Whole Grain Bun with Mayo Baby Carrots with Ranch Seasonal Lunch Fruit Choice of Milk 100% Fruit Juice Whole Grain Cookie</p>
<p>6</p> <p>WG Chicken Breast Fillet with BBQ Whole Grain Cornbread Assorted Cracker Steamed Corn Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>	<p>7</p> <p>Italian Meat Sauce Whole Grain Pasta Whole Grain Breadstick Crunchy Broccoli with Ranch Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>	<p>8</p> <p>Brunch for Lunch Whole Grain Pancakes (3) with Syrup Chicken Sausage (1) Cheese Stick Baby Carrots with Ranch Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>	<p>9</p> <p>Grilled Chicken and Romaine on a Whole Grain Tortilla with Ranch Or Kid's Classic Cheese Pizza Sticks with Marinara Dipping Sauce Steamed Carrots Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>	<p>10</p> <p>Chicken Fajitas on Whole Grain Tortillas Taco Sauce Refried Beans Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>
<p>13</p> <p>Sloppy Joe on a Whole Grain Bun Baked Beans Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>	<p>14</p> <p>Swedish Meatballs Whole Grain Pasta Pretzel Goldfish Crackers Steamed Carrots Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>	<p>15</p> <p>Meatball Sub with Mozzarella Cheese on a Whole Grain Bun Baby Carrots with Ranch Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>	<p>16</p> <p>Chef's Salad with Romaine Lettuce, Turkey Ham, Cheese and Ranch Dressing and Whole Grain Breadstick Or Kid's Classic Whole Grain Cheese Calzone with Marinara Dipping Sauce and Romaine Salad and Ranch Dressing Assorted Graham Cracker Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>	<p>17</p> <p>Shredded Turkey and Gravy Sandwich on a Whole Grain Bun Steamed Corn Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>
<p>20</p> <p>BBQ Chicken Leg Whole Grain Cornbread Cheez-It Crackers Roasted Sweet Potatoes Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>	<p>21</p> <p>Turkey Tacos on Whole Grain Tortillas with Lettuce, Cheese and Taco Sauce Steamed Corn Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>	<p>22</p> <p>Cheeseburger on a Whole Grain Bun with Ketchup Baked Beans Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>	<p>23</p> <p>Grilled Chicken Breast on a Whole Grain Bun with Mayo Or Kid's Classic WG Breaded Chicken Patty on a Whole Grain Bun with Mayo Steamed Carrots Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>	<p>24</p> <p>Chef's Salad with Romaine Lettuce, Turkey Ham, Cheese, and Ranch Dressing Whole Grain Breadstick Assorted Graham Cracker Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>
<p>27</p> <p>Orange Chicken Whole Grain Brown Rice Cheddar Goldfish Crackers Baby Carrots with Ranch Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>	<p>28</p> <p>WG Beef and Cheese Burrito Taco Sauce Fiesta Beans Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>	<p>29</p> <p>Philly Cheesesteak with Peppers and Onions on a Whole Grain Bun Steamed Corn Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>	<p>30</p> <p>Grilled Chicken Romaine Salad with Ranch Dressing and Whole Grain Breadstick Or Kid's Classic Whole Grain Asian Boneless Wings with Pretzel Goldfish Crackers and Romaine Salad with Ranch Assorted Graham Cracker Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>	<p>31</p> <p>Whole Grain Cheese Ravioli with Mozzarella Cheese Whole Grain Breadstick Assorted Graham Cracker Baby Carrots with Ranch Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk</p>