

Destiny High School
9-12 Hot Lunch Menu



September
2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 NO SCHOOL – LABOR DAY MCFI CLOSED	4 Orange Chicken Whole Grain Brown Rice Cheez-It Crackers Baby Carrots with Ranch Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	5 Beef Nachos with Cheese, Shredded Lettuce and Tortilla Chips Taco Sauce Fiesta Beans Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	6 Chef's Salad with Romaine Lettuce, Turkey Ham, Cheese and Ranch Dressing (2) and Whole Grain Breadstick Assorted Graham Cracker Or Kid's Classic Cheese Calzone with Marinara Dipping Sauce Romaine Salad with Ranch Dressing (2) Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	7 Shredded BBQ Turkey Sandwich On a Whole Grain Bun Steamed Green Beans Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk
10 Brunch for Lunch Chicken Sausage Patty, Egg and Cheese Breakfast Sandwich on a Whole Grain Biscuit Grape Jelly Baby Carrots with Ranch Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	11 Chicken Fajitas on a Whole Grain Tortillas Taco Sauce Refried Beans Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	12 Swedish Meatballs Whole Grain Pasta WG Cheddar Goldfish Crunchy Broccoli with Ranch Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	13 Grilled Chicken Sandwich on a Whole Grain Bun with BBQ Or Kid's Classic Breaded Chicken Patty Sandwich on a Whole Grain Bun with Ketchup Steamed Carrots Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	14 Baked BBQ Chicken Leg Whole Grain Cornbread Pretzel Goldfish Cracker Steamed Corn Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk
17 Homemade Chili with Cheese Whole Grain Noodles WG Cheddar Goldfish Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	18 Celebrate! NATIONAL CHEESEBURGER DAY! Cheeseburger on a Whole Grain Bun with Ketchup Baked Beans Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	19 Chef's Salad with Romaine Lettuce, Turkey Ham, Cheese and Ranch Dressing (2) and Whole Grain Breadstick Assorted Graham Cracker Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	20 Harvest Chicken Salad on a Whole Grain Bun Or Kid's Classic Whole Grain Chicken Nuggets with BBQ Sauce and Assorted Graham Crackers Steamed Corn Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	21 WG Cheese Pizza Sticks with Marinara Dipping Sauce Baby Carrots with Ranch Seasonal Lunch Fruit 100% Fruit Juice Choice Of Milk Rice Krispies Treat
24 Whole Grain Buffalo Chicken Breast Fillet With Ranch Assorted Graham Cracker Baked Beans Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	25 Meatball Sub with Mozzarella Cheese on a Whole Grain Bun Baby Carrots with Ranch Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	26 Homemade Meatloaf Whole Grain Dinner Roll with Margarine Assorted Graham Crackers Mashed Potatoes Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	27 Grilled Chicken Romaine Salad with Ranch Dressing (2) and Whole Grain Breadstick Or Kid's Classic Asian-Glazed Boneless Chicken Wings Pretzel Goldfish Crackers Romaine Salad with Ranch (2) Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	28 Brunch for Lunch Whole Grain Pancakes (3) with Syrup Chicken Sausage (1) Yogurt Cup Baby Carrots with Ranch Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk

MILK FOR SCHOOL:
SKIM WHITE
LOW FAT WHITE
SKIM CHOCOLATE

MENU SUBJECT TO CHANGE

This institution is an equal opportunity provider.