

Destiny High School

MCFI

9-12 Hot Lunch



December 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Breast Fillet with BBQ Whole Grain Cornbread Steamed Corn Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	4 Asian Chicken Whole Grain Brown Rice Assorted Graham Cracker Baby Carrots with Ranch Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	5 Cheeseburger on a Whole Grain Bun with Ketchup Baked Beans Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	6 Grilled Chicken Romaine Salad with Ranch Dressing and Whole Grain Breadstick Or Kid's Classic Asian-Glazed Boneless Chicken Wings with Romaine Salad and Ranch Dressing Pretzel Goldfish Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	7 Shredded BBQ Turkey Sandwich on a Whole Grain Bun Roasted Sweet Potatoes Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk
10 NEW! Breaded Chicken Leg Whole Grain Cornbread Assorted Graham Cracker Ranchero Beans Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	11 Philly Cheesesteak Sandwich on a Whole Grain Bun with Mozzarella Cheese Baby Carrots with Ranch Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	12 WG Cheese Pizza Sticks with Marinara Dipping Sauce Crunchy Broccoli with Ranch Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	13 Grilled Chicken Sandwich on a Whole Grain Bun with Mayo Or Kid's Classic Breaded Chicken Patty Sandwich on a Whole Grain Bun with Mayo Steamed Carrots Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	14 Homemade Meatloaf Whole Grain Dinner Roll with Margarine Assorted Graham Cracker Mashed Potatoes Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk
17 Brunch for Lunch Whole Grain Pancakes (3) with Syrup Chicken Sausage (1) Yogurt Cup Baby Carrots with Ranch Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	18 S2 FINAL EXAMS NO SCHOOL LUNCH	19 S2 FINAL EXAMS NO SCHOOL LUNCH	20 S2 RECORD DAY NO SCHOOL	21 HOLIDAY BREAK
24 MCFI CLOSED HOLIDAY BREAK	25 MCFI CLOSED HOLIDAY BREAK	26 HOLIDAY BREAK	27 HOLIDAY BREAK	28 HOLIDAY BREAK
31 HOLIDAY BREAK	JANUARY 1 MCFI CLOSED HOLIDAY BREAK	2 HOLIDAY BREAK	3 Chicken Tacos on Whole Grain Tortillas with Lettuce, Cheese and Taco Sauce NEW! Ranchero Beans Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk	4 Brunch for Lunch Chicken Sausage Patty, Egg and Cheese Breakfast Sandwich on a Whole Grain Biscuit Grape Jelly Baby Carrots with Ranch Seasonal Lunch Fruit 100% Fruit Juice Choice of Milk

MILK FOR SCHOOL:
 SKIM WHITE
 LOW FAT WHITE
 SKIM CHOCOLATE

This institution is an equal opportunity provider.

MENU SUBJECT TO CHANGE