

Destiny High School

MCFI

9-12 Cold Breakfast



December 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 WG Granola Yogurt Cup Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	4 WG Cheerios WG Assorted Graham Cracker Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	5 WG UBR Bar Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	6 WG Cinnamon Flakes Cheese Stick Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	7 WG Dunker Bar Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk
10 Whole Grain Breakfast Bread Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	11 WG Cinnamon Chex Cheese Stick Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	12 NEW! WG Grape Jelly Crescents Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	13 WG Corn Chex WG Assorted Graham Cracker Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	14 NEW! WG General Mills Cereal Bars Yogurt Cup Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk
17 WG Cream Cheese-Filled Bagels Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	18 WG Reduced-Sugar Cinnamon Toast Crunch WG Assorted Graham Cracker Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	19 WG Appleways Crispy Bites Yogurt Cup Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	20 Record Day No School	21 HOLIDAY BREAK
24 MCFI CLOSED HOLIDAY BREAK	25 MCFI CLOSED HOLIDAY BREAK	26 HOLIDAY BREAK	27 HOLIDAY BREAK	28 HOLIDAY BREAK
31 HOLIDAY BREAK	JANUARY 1 MCFI CLOSED HOLIDAY BREAK	2 HOLIDAY BREAK	3 WG Cinnamon Flakes Cheese Stick Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk	4 WG Dunker Bar Seasonal Breakfast Fruit 100% Fruit Juice Choice of Milk

MILK FOR SCHOOL:

- SKIM WHITE
- LOW FAT WHITE
- SKIM CHOCOLATE

MENU SUBJECT TO CHANGE